

A Community
of Healing
& Hope



Rett's ROOST

Serving families impacted by childhood cancer and child loss, offering holistic retreats and meaningful gatherings that create connection, while honoring the process of grief and the power of love.



What Parents Say



Rebecca Dias, MA
bereaved mom to James



We are extremely grateful for Rett's Roost and Shilo Farm for hosting us at this beautiful location with all of the wonderful amenities. Thank you to our new friends for the wonderful company, the laughs and shared stories, for the space to grieve together and feel supported and for our wonderful girls to meet and share their stories and grieve together. There is nothing quite like having people who truly understand.



Scott Cole, ME
bereaved dad to Lyssie



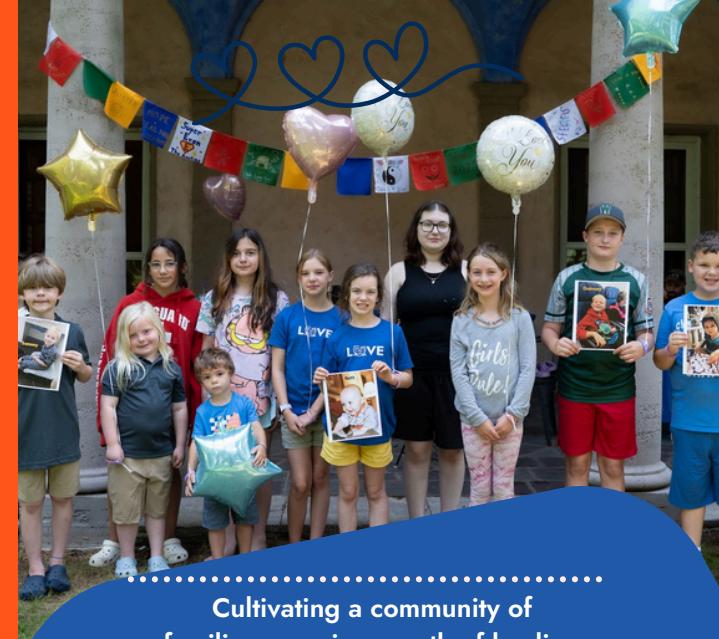
Being able to talk openly about my experience losing Lyssie has been so beneficial to my mental health. Connecting with other families like ours and hearing their similar journeys makes mine seem not so long and arduous.



Nikki Baseil Kruger, NY
mom to survivor Aiden



From the bottom of our hearts, thank you for the incredible gift of our week at Rett's Roost. The vision, love, and tireless dedication created a space where our family could truly breathe, connect, and heal. That week in Maine was so much more than just a getaway. It was a time filled with laughter, deep conversations, moments of quiet reflection, and a sense of peace that we will carry with us. You gave us the chance to just be, surrounded by nature, kindness, and understanding.



Cultivating a community of families pursuing a path of healing through shared experiences of joy and reflection.

Support us

Provide much needed support to our programs by becoming a monthly or annual donor, a business sponsor, or hosting a fundraiser for us.

Sign up to volunteer at our retreats, social gatherings, or fundraising events!

WWW.RETTSROOST.ORG/HELP-US-FLY

Contact us

info@rettsroost.org [Social @rettsroost](https://www.facebook.com/rettsroost)

Donations are tax deductible

501(c)3 Tax ID: 47-3723204

Checks payable to Rett's Roost

22 Autumn River Ln, Ogunquit, ME 03907



Our Why



Rett's Roost was founded in memory of Everett 'Rett' Cavan who died on February 22, 2015 of malignant rhabdoid tumors. His parents and sister carry on his legacy by helping families like theirs find beauty and joy in life again by offering ways to enhance their wellbeing after a child's cancer treatment or death.

Our Offerings

Our programs encourage families to take time to honor their experience; learn practical self-care techniques to help manage the emotional burden childhood cancer families all carry; and create valuable, long-lasting peer connections.

PARENTS

Individual and group online support sessions, Body work and reiki, Mental health strategies, Nature immersion, Restorative yoga, Nutrition

CHILDREN

Art & music therapy, STEM and team building activities, Journaling, Animal interactions, Nature-based learning, Mindful martial arts and yoga



Family Retreats

Positively Healing

Survivor Families

Open to Healing

Bereaved Families

Healing Nest

All Families

Parent Retreats

Forever Healing

Grieving Parents

caring for the caregiver

Caregivers of a chronically ill child



More Healing Programs

SOCIAL GATHERINGS,
e.g. SUPERHERO 5K,
BEREAVEMENT LUNCHEON

END-OF-LIFE DOULA AND INDIVIDUAL PEER COACHING

BIRTHDAY AND ANNIVERSARY CARE PACKAGES

COMING SOON!
ONLINE EDUCATION & COMMUNITY SPACES

Join Our Community

To get more info on our retreats and programs, sign up today:



Families of Patients & Survivors



Bereaved Families



2026

UPCOMING RETREATS & GATHERINGS



APR

4/24 - 4/26

Forever Healing
Grief Retreat -
Saco, ME

6/5 - 6/7

Healing Nest
Retreat - Survivors -
Wells, ME

6/6

Superhero 5K &
Family Fun Run -
Ogunquit, ME

7/5 - 7/10

Positively Healing
Family Retreat - Old
Orchard Beach, ME

JUL

7/25

SUP Yoga &
Lunch - Wells
Harbor, ME

8/9 - 8/13

Open to Healing Family
Bereavement Retreat -
N. Andover, MA

AUG



OCT

10/9 - 10/12

Healing Nest Retreat
- Bereaved - Shilo
Farm, Eliot, ME



NOV



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