



A Community of Healing and Hope



A source of hope and healing for families impacted by childhood cancer and child-loss, offering holistic retreats and meaningful gatherings that create connection, while honoring the process of grief and the power of love.



Our goal is to cultivate a community of families pursuing a path of healing through shared experiences of joy and reflection.

We believe that healing of the deep grief and trauma associated with childhood cancer treatment and child loss takes place first by acknowledging it, and then through mindful, meaningful experiences; deep, empathetic connections; and holistic, integrated therapies.

The Cavan Family - Founders of Rett's Roost

When Jim and Deana's son Everett was diagnosed with a Malignant Rhabdoid Tumor at 6 months old, their world turned upside down. This aggressive cancer would take Rett's life in just under 4 months despite having access to the best doctors and treatment plans available. With the support of their loving community, the Cavans did not let the death of their first child ruin them. Instead they used it as the impetus to create a healing sanctuary for families like theirs.



RETT'S ROOST

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**Donations Gladly Accepted
EIN: 47-3723304**

Meaningful retreats, joyful gatherings, end-of-life support, and virtual services for families affected by pediatric cancer and child loss.

Rett's Roost offers thoughtful and therapeutic programs that connect parents and children, honor their courage, and cultivate hope. One of our goals is to give children with cancer and their families a joyful respite after months or years of hospital visits and worry. Our second priority is to bring grieving families together in an effort to reduce the overwhelming feeling of loneliness that accompanies child loss. The connections made through our immersive and intimate programs are lasting and essential.



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We envision a future where people don't suffer alone.



At our free healing retreats and social gatherings, parents and children gather with others that have been through similar tragic circumstances. We honor one another's difficult journeys and the children that have suffered, and offer therapeutic ways to cope through moments of stress, grief, and isolation.

We encourage holistic healing of the body, mind, and spirit through integrative therapies, psychosocial support, movement, massage, energy work, creativity, and mindfulness toward the natural and spiritual world. Rett's Roost programs are based on equitable, inclusive, nondenominational principles that ensure families have a safe, relaxing, and healing experience.

"We felt so close to our grief and our love for our daughter so many times—whether kayaking in nature, listening to the stunning voice of the music therapists, the morning yoga and sunrise, and all the kids' activities. We are so grateful and believe the weekend helped us come together, remember, share, and heal."

- Prabal Chakrabarti, Bereaved dad,
Cambridge, MA, Sept 2022
Open to Healing Retreat

