

A Beacon of Healing

# Rett's Roost 2022 Impact Report



Family retreats & peer support for those impacted by childhood cancer

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A message from  
our founders

For Rett's Roost, 2022 was a year of unique challenges—and ambitious ideas for the future. As we shifted away from pandemic precautions, and toward larger and longer retreats, finding our “new normal” proved a bit tricky. Thankfully, we made it through a busy summer and fall, and with a landslide of end-of-year donations, we're extremely optimistic for what's to come. As awareness around mental health and grief become more universal in the public consciousness, our supporters see the value in what we offer—to be an essential resource for families facing the awful reality of their child's cancer diagnosis or death. Our vision of creating community between families is becoming clearer as we forge new partnerships and bring on fresh faces to help us grow. By the end of January, we'll be announcing our exciting program schedule for 2023. Thank you all for continuing to believe in the work we do at Rett's Roost. With your unwavering and impressive support, there's no telling what we can achieve in the years ahead.

A handwritten signature in black ink, which reads "Janice Deane-Cavan". The signature is written in a cursive style.

2022 Impact snapshot

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Families that attended  
a 2022 retreat or family trip

**24**

Total number of people  
served in 2022

**148**

Children in our community  
that passed away in 2022

**4**

A large, stylized illustration of a blue feather with white outlines, positioned at the bottom right of the page. The feather is oriented horizontally, with the quill pointing to the left.

# Programs with a purpose

Our "new for '22" mission is to be a beacon of healing for families impacted by childhood cancer, offering holistic retreats that create connection, nurture hope, and honor the power of grief and love.



## Retreats

- 2 Positively Healing Retreats for families of survivors
- 2 Open to Healing Retreats for bereaved families
- Our first year holding longer and larger retreats

## Family Trips

- 4 Free Individual Family Trips to coastal Maine
- Massages, kayaking, photoshoots, & comfy accommodations
- Priceless time to bond and honor their journey



## Virtual Support

- Our Grief is Love retreats on zoom for parents are still pertinent post-pandemic
- An online grief group provides support to 8-12 parents each month
- Virtual yoga for grief, anxiety, & depression
- Family Trivia Night!

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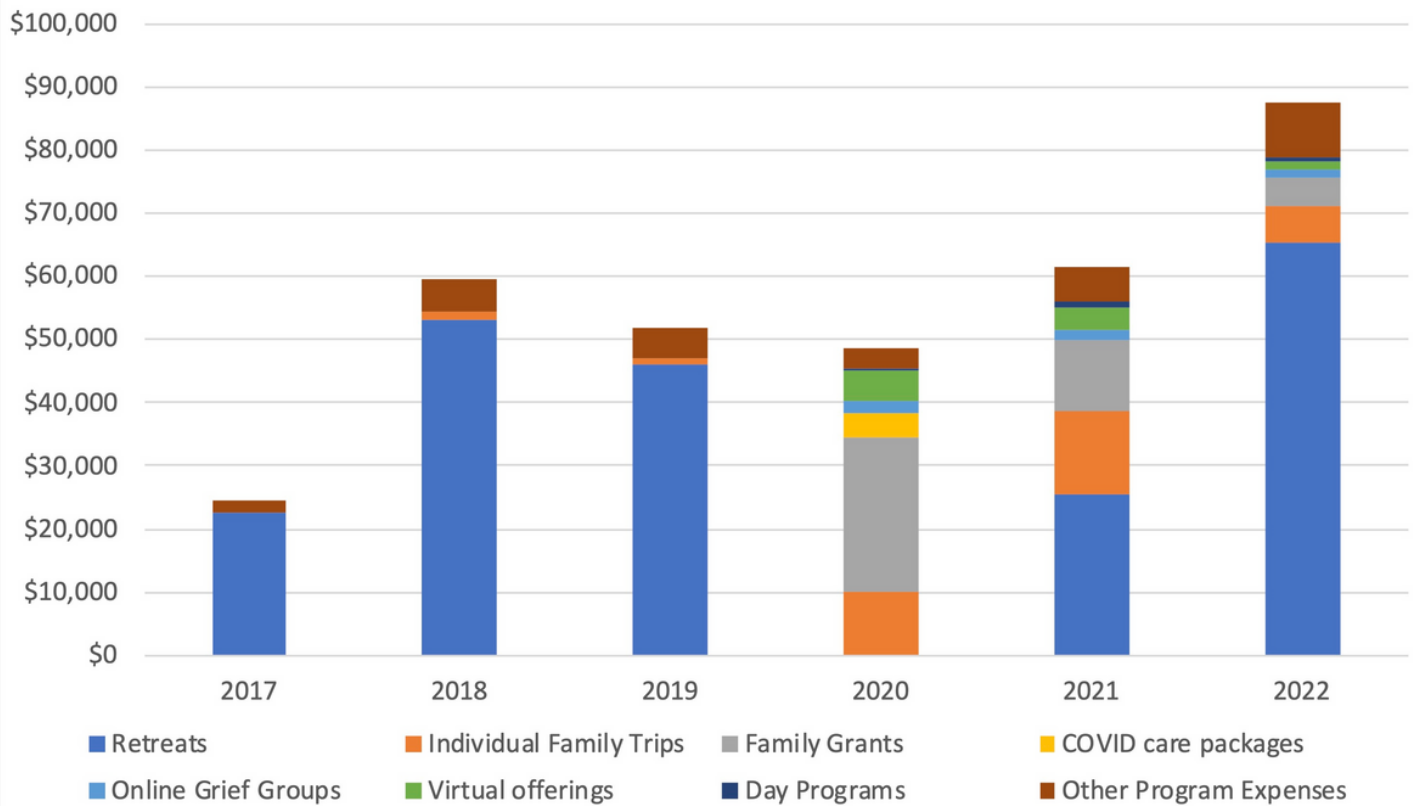
"Rett's Roost has opened a door for our family that did not exist. It has helped us in our grief journey to not feel so alone. We have found lifelong friends through Rett's Roost and although the most unfortunate circumstances brought us together, we are forever grateful that this opportunity presented itself."

--Taryn Jarboe, June's mom, Scarborough, ME  
Open to Healing Retreat attendee

# Love + Joy + Hope + Connection



Program Expenses



\*Salaries not included in these program expenses.

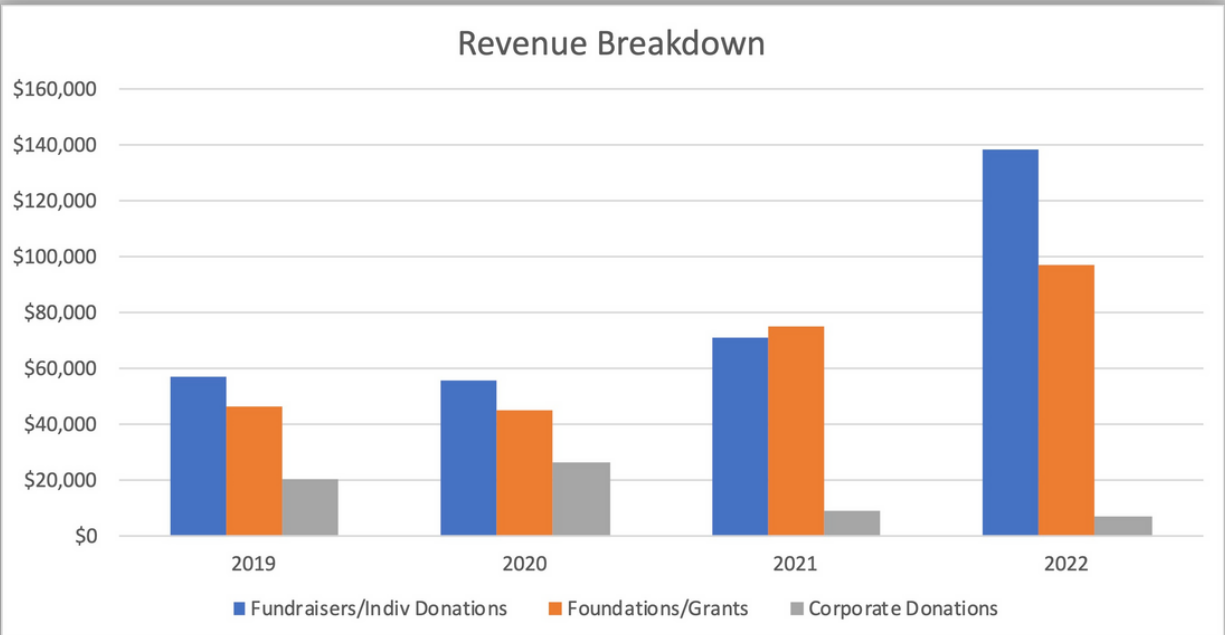
# Funds raised for 2023:

# \$242,323

 700 individual donors!

**In-kind gifts & services:** \$22,170 from 55 businesses and individuals

Our most successful fundraising year yet! Not only were we just awarded grants for 2023 from two new organizations, One Mission and Parmenter Foundation, our individual donors really stepped up their giving this year.



# The Gift of Time

Our volunteers and in-kind donors are paramount to our success. Thank you to all who made time for our organization this year.

**65** Volunteers gave **660** hours of their time

\*Over 400 hours were donated specifically to our retreat programs

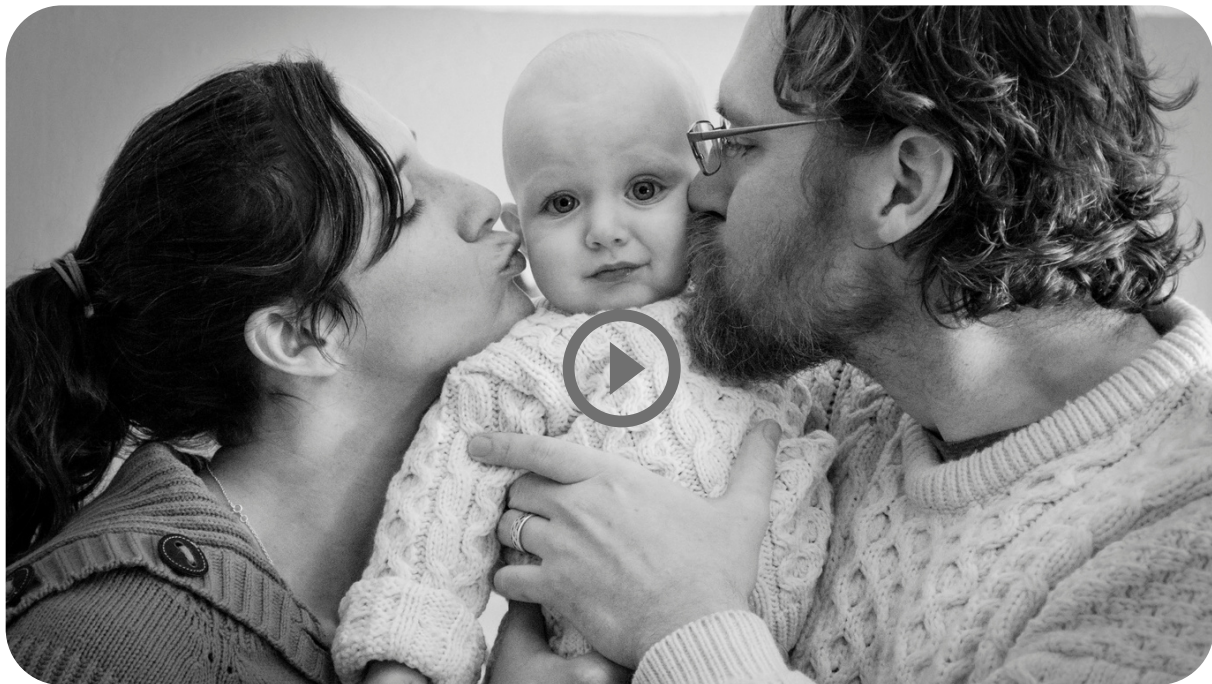


"Rett's Roost gave us our first chance to attend a grief retreat as a family. Due to covid we hadn't had any in-person counseling or the chance to meet other families who had been through this. Our retreat gave us the space to share, listen, remember, mourn, and honor Annalise along side other families. Although it was just a weekend it was a pivotal experience for our family and helped bring us together and I believe it made us stronger."

--Chad Schultz, Annalise's dad, Moorestown, NJ  
Open to Healing Retreat attendee

# We look forward to continuing our good work in 2023

## Taphouse Media Promo Video 2022:



[Click to view](#)

Our family keeps going with lots of love and support, from each other, our community, other families that have faced similar experiences, and organizations like Rett's Roost that bring so much light to our lives.

*-Sandra Santoro, Jane's mom, Littleton, MA  
Positively Healing Retreat attendee*

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**TOP  
2022**

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## ORGANIZATIONS

